



Peer Bridge Program

**Set your child up for success
in high school next year**



A new school, a new world

Starting high school marks an important milestone for a young person. It can be both exciting and intimidating, from adjusting to a larger, more complex environment, to the increased academic demand that requires greater independence.

Socially, students encounter a diverse peer group which can challenge their sense of identity and belonging. This transition often coincides with physical, emotional, and psychological changes that can further complicate life as a new high school student. This not only impacts the young person but also you as parents/carers.

We know that young people and their families want to be better supported and connected during this time of change and development.

Supporting your child's new start

The Peer Bridge Program supports incoming Year 7 students as they enter high school, and their families.

In partnership with Newtown Public School and Newtown High School of the Performing Arts (NHSPA), this pilot program offers you and your child activities, workshops, information, and ongoing support from our Youth Worker.

Additionally, your child will be paired with a Year 9 student mentor at NHSPA and we'll facilitate workshops and excursions together.



The key components of Peer Bridge include:

- Participants are paired with a Year 9 mentor to role-model and assist with making friends and networks.
- After school workshops and excursions to build confidence, communication skills, study tips and time management.
- Ongoing, specialised support from a Youth Worker to build strong connections between your family, child & school staff.
- Parental/carer resources including information and workshops.

Requirements

- A signed permission form, plus completion of pre and post program surveys to measure key learnings.
- Optional individual or group discussions to provide feedback.
- Access to a laptop (If experiencing financial hardship, laptops can be provided).



About Newtown Neighbourhood Centre

Newtown Neighbourhood Centre has been the heart of Sydney's Inner West for nearly 50 years. We exist to build an inclusive, resilient, self-reliant and creative community. We believe that everyone deserves a safe place to be and a community to belong to.

NNC is dedicated to creating a nurturing environment where all young people can flourish. Our approach is rooted in the belief that every young person, regardless of their background, possesses inherent potential.



To register + more information

Alice - Peer Bridge Youth Worker
Newtown Neighbourhood Centre
Email alice@newtowncentre.org
Call **0408 164 755**

NNC acknowledges the Gadigal-Wangal People of the Eora Nation, who are the traditional Custodians of the land on which we work.